

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: WN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: ROGEMAN Guillaume

Coaches: Delmotte Elodie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 100M BREASTSTROKE WOMEN Heat:1, starttime: 09:29

Heat: 1/8 Lane : 4 Athlete: GRIES ANAÏS			Q-time: 01:23:25
PB (50m pool): 01:23.68 Eindhoven 16/03/2025			PB (25m pool): 01:22.47 SB: 01:25.87 Charleroi 15/02/2026
	5 0 M	1 0 0 M	
PB	00:39.75	01:23.68	
	00:39.75	00:43.93	
			

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN Heat:2, starttime: 10:21

Heat: 2/4 Lane : 6 Athlete: MARC SARAH				Q-time: 02:24:83
PB (50m pool): 02:30.67 Antwerpen 20/07/2025				PB (25m pool): no time SB: 02:31.36 La Louvière 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:36.20	01:14.18	01:52.92	02:30.67
	00:36.20	00:37.98	00:38.74	00:37.75
				

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN Heat:3, starttime: 10:35

Heat: 3/7 Lane : 3 Athlete: FAUTRE RAPHAËL		Q-time: 00:29:19
PB (50m pool): 00:29.19 Ottignies Louvain-La-Neuve 15/03/2026		PB (25m pool): 00:28.32 SB: 00:29.19 Ottignies Louvain-La-Neuve 15/03/2026
	5 0 M	
PB	00:29.19	
	00:29.19	
		

Coach feedback: